

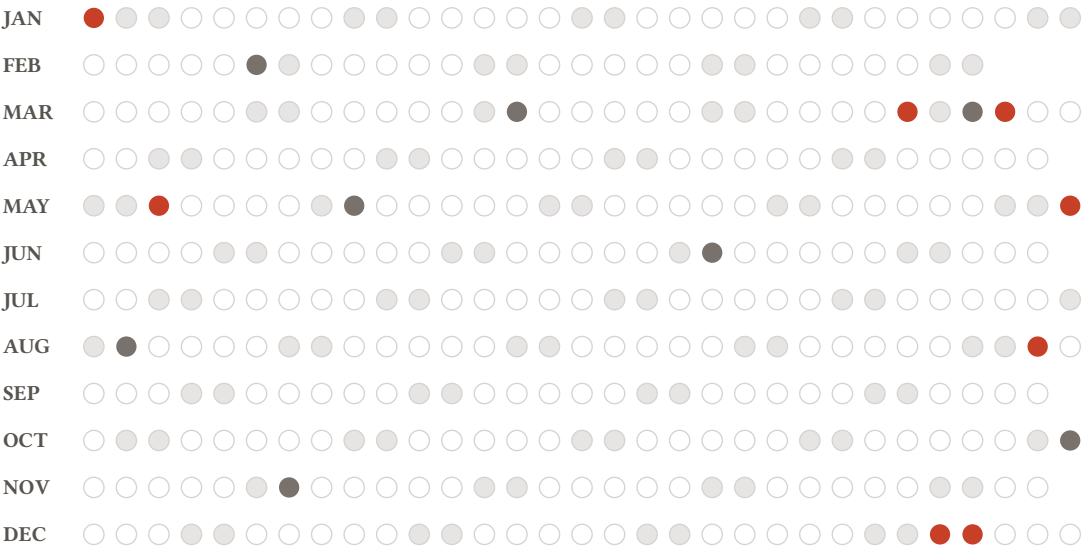
2027

365 days · 52 weeks · 8,760 hours · starts on a Friday

THIS YEAR BELONGS TO

WORD OF THE YEAR

EVERY DAY OF 2027



A year is 8,760 hours. About a third go to sleep and a big share to work. This planner is for the rest of them: decide where they go before the year decides for you.

Look back at 2026

Plans built on an honest look back hold up better. Give this page twenty minutes before you set a single goal.

1 The three moments of 2026 you will remember.

2 What are you proudest of?

3 What drained you, and what will you not carry into 2027?

4 Who mattered most, and did they get your time?

5 What did you learn that you want to keep using?

6 Where did your hours actually go, and where did you wish they went?

7 What did you start that deserves another year?

8 Sum up 2026 in one word, and say why.

2027, month by month

● Holiday ● Observance

January

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

March

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

July

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

August

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

KEY DATES · UNITED KINGDOM (ENGLAND & WALES)

- Jan 1 New Year's Day
- Feb 6 Lunar New Year
- Feb 6 Annular solar eclipse
- Mar 14 Daylight saving time starts
- Mar 26 Good Friday
- Mar 28 Easter Sunday
- Mar 28 Summer time starts
- Mar 29 Easter Monday
- May 3 Early May bank holiday
- May 9 Mother's Day
- May 31 Spring bank holiday
- Jun 20 Father's Day
- Aug 2 Total solar eclipse
- Aug 30 Summer bank holiday
- Oct 31 Summer time ends
- Nov 7 Daylight saving time ends
- Dec 27 Christmas Day (substitute)
- Dec 28 Boxing Day (substitute)

Goals for 2027

1 _____ Area · By Q_

WHY IT MATTERS _____

FIRST STEP _____

IF ... THEN I WILL _____

2 _____ Area · By Q_

WHY IT MATTERS _____

FIRST STEP _____

IF ... THEN I WILL _____

3 _____ Area · By Q_

WHY IT MATTERS _____

FIRST STEP _____

IF ... THEN I WILL _____

4 _____ Area · By Q_

WHY IT MATTERS _____

FIRST STEP _____

IF ... THEN I WILL _____

5 _____ Area · By Q_

WHY IT MATTERS _____

FIRST STEP _____

IF ... THEN I WILL _____

Write each goal as something to do rather than something to stop. In a year-long study of 1,066 New Year's resolutions, 58.9% of people with approach goals ("start running twice a week") were still keeping them, against 47.1% with avoidance goals ("stop eating sweets"). Oscarsson et al., PLOS ONE, 2020. A plan that names the moment ("When I finish dinner on Monday, I will ...") is easier to keep than a wish.

2027 in quarters

Q1

Jan 1 – Mar 31 · 13 weeks

GOALS THIS QUARTER

MILESTONES

AT THE END: KEEP, CHANGE, DROP

Q2

Apr 1 – Jun 30 · 13 weeks

GOALS THIS QUARTER

MILESTONES

AT THE END: KEEP, CHANGE, DROP

Q3

Jul 1 – Sep 30 · 13 weeks

GOALS THIS QUARTER

MILESTONES

AT THE END: KEEP, CHANGE, DROP

Q4

Oct 1 – Dec 31 · 13 weeks

GOALS THIS QUARTER

MILESTONES

AT THE END: KEEP, CHANGE, DROP

Each quarter is about thirteen weeks: long enough to finish something real, short enough to stay urgent. People start new goals more readily just after a calendar landmark such as a new month or a new year, so the first day of a quarter is a good moment to begin again (Dai, Milkman & Riis, Management Science, 2014).

January 2027

MON	TUE	WED	THU	FRI	SAT	SUN
				1 New Year's Day	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

HABITS · TICK THE DAYS YOU SHOWED UP

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TOP THREE THIS MONTH

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NOTES

February 2027

MON	TUE	WED	THU	FRI	SAT	SUN
1	2	3	4	5	6 ● Lunar New Year ● Annular solar eclipse	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

HABITS · TICK THE DAYS YOU SHOWED UP

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NOTES

March 2027

MON	TUE	WED	THU	FRI	SAT	SUN
1	2	3	4	5	6	7
8	9	10	11	12	13	14 ● Daylight saving time starts
15	16	17	18	19	20	21
22	23	24	25	26 ● Good Friday	27	28 ● Easter Sunday ● Summer time starts
29 ● Easter Monday	30	31				

HABITS · TICK THE DAYS YOU SHOWED UP

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NOTES

April 2027

MON	TUE	WED	THU	FRI	SAT	SUN
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

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NOTES

May 2027

MON	TUE	WED	THU	FRI	SAT	SUN
					1	2
3 ● Early May bank holiday	4	5	6	7	8	9 ● Mother's Day
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31 ● Spring bank holiday						

HABITS · TICK THE DAYS YOU SHOWED UP

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June 2027

MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20 ● Father's Day
21	22	23	24	25	26	27
28	29	30				

HABITS · TICK THE DAYS YOU SHOWED UP

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July 2027

MON	TUE	WED	THU	FRI	SAT	SUN
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

HABITS · TICK THE DAYS YOU SHOWED UP

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NOTES

August 2027

MON	TUE	WED	THU	FRI	SAT	SUN
						1
2 ● Total solar eclipse	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30 ● Summer bank holiday	31					

HABITS · TICK THE DAYS YOU SHOWED UP

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TOP THREE THIS MONTH

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NOTES

September 2027

MON	TUE	WED	THU	FRI	SAT	SUN
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

HABITS · TICK THE DAYS YOU SHOWED UP

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MON	TUE	WED	THU	FRI	SAT	SUN
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31 ● Summer time ends

HABITS · TICK THE DAYS YOU SHOWED UP

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TOP THREE THIS MONTH

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NOTES

MON	TUE	WED	THU	FRI	SAT	SUN
1	2	3	4	5	6	7 ● Daylight saving time ends
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

HABITS · TICK THE DAYS YOU SHOWED UP

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TOP THREE THIS MONTH

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NOTES

MON	TUE	WED	THU	FRI	SAT	SUN
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27 ● Christmas Day (substitute)	28 ● Boxing Day (substitute)	29	30	31		

HABITS · TICK THE DAYS YOU SHOWED UP

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TOP THREE THIS MONTH

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NOTES

Look back at 2027

Fill this in during the last week of December, with your goals page open beside it.

1 Which goals did you reach? Which did you drop, and was dropping them right?

2 The best hours of 2027: where were you, and who with?

3 What surprised you this year?

4 What would you tell yourself on January 1?

5 What will you carry into 2028?

6 Sum up 2027 in one word, and say why.
