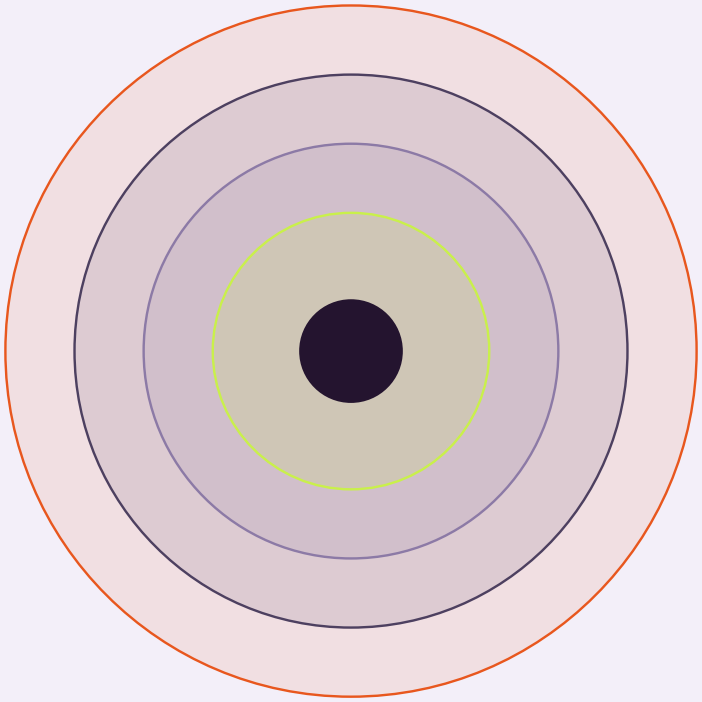


Between the Horns: A Book of Liminal Witch-craft

A reading of the book by Elwynn Green (2026)

1. ACTION BOOK

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ABOUT THIS EDITION

This is HourLife's reading of Between the Horns: A Book of Liminal Witchcraft, in our own words. It is not a substitute for the book.

BEFORE YOU START 01

The book in a minute

Elwynn Green is, by his publisher's account, a fourth-generation witch from England and a former archaeologist who specialised in Northern European prehistory. He co-hosts The Antlered Crown podcast with his wife, lived in Chicago and now lives in Northern Ireland, and a 2025 CNN profile described him as a hedge witch who practises animism rather than Wicca. Between the Horns, published by Weiser Books in September 2026, is his book of liminal witchcraft. Its subject is the in-between: thresholds, and the places and times that sit between one state and another. The publisher describes it as a heuristic approach to witchcraft that takes in black, green and red magic and shadow work. An October 2026 review by The Atlantean Book Initiative lays out a prologue, an introduction, ten chapters, a section called The Nieves and an afterword. Along the way Green treats the skull as a tool, pairs ingredients and their associations with poems, offers an aura exercise called Psychic Fire, describes folk spirits such as brownies, hobs, duendes and tomtes, and gives chapters to scrying and divination and to spirit flight. It is one practitioner's spiritual practice, and one reader noted that it carries no citations or bibliography.

Below are the 9 ideas HourLife readers vote up most, each in our words with a note on what it asks of you, and then the steps that put them to work.

WHAT READERS KEEP

The takeaways

1 HOURLIFE TAKEAWAY

Green's witchcraft lives in the in-between: at thresholds, and in the places and times that belong to neither side.

Liminality is not one chapter of the book but its thread. The Atlantean Book Initiative's review reads it as the theme that runs throughout: thresholds, and the in-between places and times where one state turns into another.

2 HOURLIFE TAKEAWAY

The book is offered as a heuristic craft, something to learn by practising, not a fixed rulebook.

Weiser describes Green's approach as heuristic. Read that way, the exercises are starting points to work with and test against your own experience, rather than a system to accept whole.

3 HOURLIFE TAKEAWAY

Green writes as a practitioner, and the book reads best as one person's practice rather than a survey of witchcraft.

His publisher calls him a fourth-generation witch from England and a former archaeologist of Northern European prehistory. A 2025 CNN profile described him as a hedge witch who practises animism, not Wicca. One Goodreads reader noted the book has no citations or bibliography, so treat it as a practitioner's account, not a work of scholarship.

4 HOURLIFE TAKEAWAY

In Green's craft, a tool can be an unexpected object: his tools chapter includes the skull.

The review singles out the skull among the tools Green discusses. It is a pointed choice for a book about thresholds, since few objects stand so plainly for the line between living and dead.

5 HOURLIFE TAKEAWAY

Ingredients carry associations, and Green gives some of them poems to carry them in.

One chapter covers influence, ingredients and associations. The review notes that it includes ingredient poems. HourLife reads them partly as a memory aid: a verse is easier to carry than a table.

6 HOURLIFE TAKEAWAY

The book's spirits are folk spirits from many places, such as brownies, hobs, duendes and tomtes.

A section on types of spirit names figures from several folk traditions: brownies and hobs from Britain, duendes from Spanish-speaking folklore, tomtes from Scandinavia.

7 HOURLIFE TAKEAWAY

Green frames aura work as fire, through an exercise he calls Psychic Fire.

The review describes it as an aura exercise that uses a violet flame. HourLife does not reproduce the exercise here; it belongs to the book's practice and is best read there in full.

8 HOURLIFE TAKEAWAY

The divination chapter does not look away from the last threshold of all.

Alongside scrying and divination, the chapter includes an exercise that involves contemplating death. It is a reminder that the book's in-between places include the hardest one, and that it asks for a steady reader.

9 HOURLIFE TAKEAWAY

Spirit flight gets a chapter of its own, and it comes up in readers' accounts too.

The review lists a chapter on spirit flight, and Goodreads readers mention it in their accounts along with the book's compass work and the Witches' Devil.

PUT IT TO WORK

Your action book

Do the setup steps once, then keep the habits going. The setup changes your week; the habits keep it changed after the first good one.

The download puts this whole reading and a printable action book in one PDF: the setup checklist, then a page of real calendar days for each habit, starting on the day you choose.

SET UP ONCE

- [ ] Choose one threshold to keep
- [ ] Start a notebook of in-between moments
- [ ] Walk the same path at dawn and at dusk
- [ ] Learn the folklore of where you live
- [ ] Read one older folklore collection

KEEP UP DAILY

- ◯ Give one threshold a minute a day
- ◯ Mark the turn of each season
- ◯ Write one line in the threshold journal

30 days · Nov 13 - Dec 12, 2026

Part two, after the reading, prints each of these as a page to fill in by hand.

THE LAST WORD

Before you go

Pick one step from the action book and do it today. An idea from a book starts to count once it changes what one ordinary day looks like.

PART TWO

The action book

Change the setup once, then keep it up. 5 setup actions to do once, and 3 habits to mark each day for 30 days.

Nov 13 - Dec 12, 2026

Print it, or write on it in any PDF app.

SET UP ONCE

The setup checklist

Each of these is done once. Do one a day, and check it off when it is done.

- [ ] SETUP 1

Choose one threshold to keep

Pick one in-between moment you meet every day: dusk, a front door, the minute after waking.

That is the one you will pay attention to this week.

MY VERSION

DONE ON

- [ ] SETUP 2

Start a notebook of in-between moments

Give a small notebook one job: noting thresholds as you cross them.

Date each line and say where you were.

MY VERSION

DONE ON

- [ ] SETUP 3

Walk the same path at dawn and at dusk

Choose a short walk you know well.

Walk it once early and once late in the same week, and write down three things that changed between the two.

MY VERSION

DONE ON

- [ ] SETUP 4

Learn the folklore of where you live

Find out which spirits, customs and stories belong to your own area, from a local library, museum or older neighbour.

Note any that attach to a boundary, a crossing or a time of year.

MY VERSION

DONE ON

- [ ] SETUP 5

Read one older folklore collection

The book names brownies, hobs, duendes and tomtes.

Pick one and read how an older folklore collection describes it, so you can set Green's practice beside the tradition.

MY VERSION

DONE ON

DAILY HABIT 1 OF 3

Give one threshold a minute a day

When you reach your chosen threshold, stop for one minute.

Nov 13 - Dec 12, 2026 · 30 days · circle each day you do it

SMALLEST VERSION

CUE

WHERE

November 2026

MON	TUE	WED	THU	FRI	SAT	SUN
						1
2	3	4	5	6	7	8
9	10	11	12	13 ○	14 ○	15 ○
16 ○	17 ○	18 ○	19 ○	20 ○	21 ○	22 ○
23 ○	24 ○	25 ○	26 ○	27 ○	28 ○	29 ○
30 ○						

December 2026

MON	TUE	WED	THU	FRI	SAT	SUN
	1 ○	2 ○	3 ○	4 ○	5 ○	6 ○
7 ○	8 ○	9 ○	10 ○	11 ○	12 ○	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

EACH FRIDAY

WHAT HELPED

WHAT GOT IN THE WAY

ONE CHANGE TO THE SETUP

DAILY HABIT 2 OF 3

Mark the turn of each season

On the day a season turns, step outside and write one line about what is ending and what is beginning.

Nov 13 - Dec 12, 2026 · 30 days · circle each day you do it

SMALLEST VERSION

CUE

WHERE

November 2026

MON	TUE	WED	THU	FRI	SAT	SUN
						1
2	3	4	5	6	7	8
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28	29	30	31			

EACH FRIDAY

WHAT HELPED

WHAT GOT IN THE WAY

ONE CHANGE TO THE SETUP

DAILY HABIT 3 OF 3

Write one line in the threshold journal

Use the journal on this page or your notebook.

Nov 13 - Dec 12, 2026 · 30 days · circle each day you do it

SMALLEST VERSION

CUE

WHERE

November 2026

MON	TUE	WED	THU	FRI	SAT	SUN
						1
2	3	4	5	6	7	8
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30 ○						

December 2026

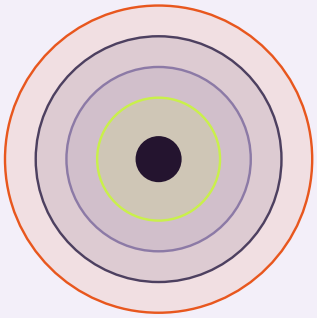
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EACH FRIDAY

WHAT HELPED

WHAT GOT IN THE WAY

ONE CHANGE TO THE SETUP



Stay in the doorway a moment longer. The in-between is a place too, and it repays attention.

HOURLIFE NOTE AFTER ELWYNN GREEN