

Decisive

by Chip Heath, Dan Heath

A printable to-do list of the most effective habits from this book. Check one off each day you do it.

MON TUE WED THU FRI SAT SUN

⁰¹ **Add one real alternative**

Before choosing, write a second path that could honestly work. If you cannot name one, widen the frame before evaluating the first option.

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⁰² **Run a disagreement search**

Ask what evidence would make your preferred option wrong, then seek that evidence deliberately instead of waiting for it to find you.

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⁰³ **Use the 10/10/10 lens**

Write how the choice will feel in 10 minutes, 10 months, and 10 years so short-term emotion does not get the only vote.

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⁰⁴ **Create a tripwire**

Define the metric, date, or event that will force a review. A clear tripwire keeps overconfidence from becoming neglect.

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⁰⁵ **Premortem the decision**

Imagine the choice failed one year from now. Write the headline and three causes, then adjust the plan before committing.