

# Drive

by Daniel H. Pink

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A printable to-do list of the most effective habits from this book. Check one off each day you do it.

MON TUE WED THU FRI SAT SUN

<sup>01</sup> **Run the autonomy audit**

Pick one project and write down who controls the task, time, technique, and team. Give back one real choice this week.

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<sup>02</sup> **Replace a carrot with feedback**

For one creative task, remove the dangling reward and add a progress checkpoint, useful critique, or public recognition after the work.

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<sup>03</sup> **Create a mastery loop**

Name one skill inside your work, define the next visible level, and schedule a short practice block with immediate feedback.

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<sup>04</sup> **Write the purpose sentence**

Finish this line for a current goal: This matters because it helps someone by... Keep the sentence visible where the work begins.

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<sup>05</sup> **Separate fair pay from motivation**

If compensation or recognition feels unfair, address that first. Do not ask purpose to compensate for a broken baseline.