

# Fair Play

by Eve Rodsky

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A printable to-do list of the most effective habits from this book. Check one off each day you do it.

MON TUE WED THU FRI SAT SUN

<sup>01</sup> **Run a 20-minute card audit**

List the recurring work neither of you formally owns. Pick three cards that create the most friction and name who currently carries conception, planning, and execution.

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<sup>02</sup> **Define one minimum standard**

Choose a single household card and agree what done means in plain language. Make it good enough, observable, and free from private perfection rules.

MON TUE WED THU FRI SAT SUN

<sup>03</sup> **Transfer the whole card**

For one week, let one person own all CPE for a card while the other practices not hovering, rescuing, correcting, or silently re-owning the mental load.

MON TUE WED THU FRI SAT SUN

<sup>04</sup> **Hold a weekly re-deal**

Spend ten minutes moving cards based on real capacity, travel, deadlines, health, and energy. Fairness is maintained by renegotiation, not mind reading.