

A printable to-do list of the most effective habits from this book. Check one off each day you do it.

01 Build the deadline map □ □ □ □ □ □ □

Enter every exam, paper, lab, and project date into one calendar.

02 Create course command sheets

Make one page per course with grade weights, deadlines, and professor expectations.

03 Plan the week on Sunday

Block study sessions before the week fills with noise.

04 Turn notes into questions

Rewrite lecture notes as questions within twenty-four hours.

05 Run active recall

Answer questions without looking, then mark the weak spots.

06 Start papers with a thesis pass

Write a rough thesis and evidence list before drafting paragraphs.

07 **Use a shutdown note**

End each session by writing exactly where to restart

Module 11: [Module11: Module11.com/books/how-to-become-a-straight-a-student](http://Module11.com/books/how-to-become-a-straight-a-student) - (c) 2026

☐ 08 Study in focused blocks

Use short, protected blocks with one visible academic outcome.