

Mastery

by Robert Greene

A printable to-do list of the most effective habits from this book. Check one off each day you do it.

MON TUE WED THU FRI SAT SUN

⁰¹ **Recover the Original Pull**

Write a one-page inventory of the subjects, tools, problems, and environments that fascinated you before they were useful. Circle the thread that still has energy.

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⁰² **Enter Apprenticeship Mode**

Pick one craft area and spend seven days observing before optimizing. Collect examples of excellence, name the rules, and notice what beginners miss.

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⁰³ **Find the Corrective Eye**

Identify one person whose taste is sharper than yours. Ask for one specific correction, apply it within 48 hours, then report back with the result.

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⁰⁴ **Map the Social Field**

For a project you care about, map who rewards quality, who controls access, who resists change, and who quietly helps serious people improve.

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⁰⁵ **Run a Creative Collision**

Combine your craft with one adjacent field. Build a tiny prototype, essay, sketch, offer, or demo that tests a new connection instead of only studying more.