

On Writing

by Stephen King

A printable to-do list of the most effective habits from this book. Check one off each day you do it.

MON TUE WED THU FRI SAT SUN

⁰¹ **Write with the door closed for 25 minutes**

Set a timer, draft without rereading, and leave every sentence on the page until the block ends.

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⁰² **Run one adverb pass**

Circle every -ly word in a paragraph and replace at least three with stronger verbs or visible actions.

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⁰³ **Build a two-shelf reading habit**

Keep one book for pleasure and one book for craft active this week; note one move you can steal from each.

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⁰⁴ **Cut ten percent from a page**

Take a finished page and remove ten percent without changing the meaning. Keep the sharper version.

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⁰⁵ **Make a writer's toolbox card**

Write your recurring weaknesses on an index card: vague verbs, exposition, dialogue tags, rhythm, or fear. Check it before revising.