

Secrets of the Millionaire Mind

by T. Harv Eker

A printable to-do list of the most effective habits from this book. Check one off each day you do it.

MON TUE WED THU FRI SAT SUN

⁰¹ **Write Your Money Blueprint**

List the five strongest money sentences you heard growing up. Mark each one as helpful, protective, outdated, or expensive.

MON TUE WED THU FRI SAT SUN

⁰² **Start a Six-Jar Split**

Divide this week's available money into necessities, financial freedom, education, play, long-term savings, and giving, even if the amounts are tiny.

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⁰³ **Practice Receiving Cleanly**

When someone offers praise, help, money, or opportunity this week, say thank you without deflecting, shrinking, or explaining why you do not deserve it.

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⁰⁴ **Turn Envy Into Study**

Pick one financially successful person you usually judge. Write three behaviors, skills, or systems you could learn from without copying their whole life.

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⁰⁵ **Make One Wealthy Ask**

Ask for a clearer price, better term, overdue payment, referral, raise conversation, or sales opportunity. Keep it respectful and specific.

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⁰⁶ **Create a Weekly Money Meeting**

Set a 20-minute appointment to review balances, assign dollars, celebrate one responsible choice, and choose one next action.