

Surrounded by Idiots

by Thomas Erikson

A printable to-do list of the most effective habits from this book. Check one off each day you do it.

MON TUE WED THU FRI SAT SUN

☐ ⁰¹ **Identify your default color**

Write whether you usually lead with speed, story, stability, or precision.

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☐ ⁰² **Map one hard person**

Name the communication style that would make your message easier for them to receive.

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☐ ⁰³ **Rewrite one request**

Rewrite a current request in the other person's likely preferred style.

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☐ ⁰⁴ **Prepare one translation phrase**

Create a sentence that bridges your style to theirs.

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☐ ⁰⁵ **Pause before labeling**

When annoyed, ask what format the person may need before calling them difficult.

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☐ ⁰⁶ **Match the opening**

Start one conversation with the pace and detail level the other person prefers.

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☐ ⁰⁷ **Debrief the mismatch**

After friction, write which style mismatch probably drove it.

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