

The Art of Possibility

by Rosamund Stone Zander

A printable to-do list of the most effective habits from this book. Check one off each day you do it.

☐ ⁰¹ **Give an A**
Assume potential in one person before asking for performance.

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☐ ⁰² **Name the current frame**
Write the assumption making the situation feel small.

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☐ ⁰³ **Ask the contribution question**
Define what you can add without needing credit first.

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☐ ⁰⁴ **Invite enrollment**
Make one request that lets another person co-create the outcome.

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☐ ⁰⁵ **Use Rule Number 6**
Drop one performance of self-importance today.

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☐ ⁰⁶ **Change the board**
Find one win-lose story and rewrite the rules.

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☐ ⁰⁷ **Lead with possibility**
Start one meeting or task by naming what could open up.

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☐ ⁰⁸ **Practice generous attention**
Listen for potential before correcting the flaw.

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