

The Art of Thinking Clearly

by Rolf Dobelli

A printable to-do list of the most effective habits from this book. Check one off each day you do it.

MON TUE WED THU FRI SAT SUN

⁰¹ **Run a bias pre-mortem**

Before a meaningful decision, write the most likely thinking error in play and one way the choice could fail despite feeling right.

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⁰² **Ask for the base rate**

Replace the vivid example with a comparison class: how often do decisions like this work for people in similar conditions?

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⁰³ **Separate sunk costs from next costs**

For any project you feel loyal to, ask: if I were starting today with no history, would I choose this again?

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⁰⁴ **Argue the opposite case**

Spend ten minutes making the strongest argument against your preferred answer before you defend it.

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⁰⁵ **Set an exit rule early**

Define in advance what evidence would make you stop, sell, pause, or change direction.