

# The Monk Who Sold His Ferrari: A Fable About Fulfilling Your Dreams and Reaching Your Destiny

by Robin Sharma

A printable to-do list of the most effective habits from this book. Check one off each day you do it.

☐ 01 **Write the garden rule**  
Name one thought input you will stop watering this week.

MON TUE WED THU FRI SAT SUN

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☐ 02 **Choose a purpose sentence**  
Write one sentence describing who today's effort is meant to serve.

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☐ 03 **Install one ritual**  
Pick a small morning or evening practice that trains attention before the world spends it.

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☐ 04 **Remove one trophy task**  
Cancel or shrink one activity you only do to look successful.

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☐ 05 **Practice daily solitude**  
Spend ten quiet minutes without consuming anything.

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☐ 06 **Serve before status**  
Do one useful act that nobody needs to applaud.

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☐ 07 **Close with gratitude**  
Write one moment from the day that was already enough.

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