

Think Again: The Power of Knowing What You Don't Know

by Adam M. Grant

A printable to-do list of the most effective habits from this book. Check one off each day you do it.

MON TUE WED THU FRI SAT SUN

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01

Label your thinking mode

Before arguing a belief, write which mode you are in: preacher, prosecutor, politician, or scientist. Switch modes before deciding.

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02

Write the disconfirming test

Name one observation that would make your current belief weaker, narrower, or false. If nothing could, it is identity, not inquiry.

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03

Choose a challenge network

List two people who can disagree with you honestly without trying to embarrass you. Ask one for the strongest counterpoint.

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04

Make an update rule

Write a rule for when you will revise the belief: new data, failed prediction, expert disagreement, or repeated exception.

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05

Ask one better question

When certainty spikes, ask: what am I missing, what would change my mind, or how would I know if this were wrong?

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06

Summarize the other side first

Before responding to disagreement, restate the other person's view in language they would recognize as fair.

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07

Publish a small update

Once a week, say one thing you changed your mind about and the evidence that moved you.

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