ACTION CHECKLIST

Thinking in Bets

by Annie Duke

A printable to-do list of the most effective habits from this book. Check one off each day you do it.

MON TUE WED THU FRI SAT SUN

☐ 01

Write the probability

Before a decision, write the outcome you expect and the confidence percentage you assign to it.

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☐ 02

Name the base rate

Find one outside comparison class before deciding the current case is special.

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☐ 03

Separate process from result

After an outcome, list what was skill, what was luck, and what was unknowable at the time.

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☐ 04

Invite one dissent

Ask someone smart to make the strongest case against your preferred choice.

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☐ 05

Log the assumptions

Record the three assumptions that would make your decision wrong.

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☐ 06

Shrink the stake

If confidence is high but evidence is thin, turn the decision into a cheaper experiment.

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☐ 07

Review without ego

Revisit one past decision and judge the process using only information available then.

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☐ 08

Use a premortem

Imagine the decision failed and write the most likely reason before committing.